Central United Methodist Church



Lectionary readings for Easter Sunday:

Psalm 118:1-2, 14-24

Acts 10:34-43

1 Corinthians 15:19-26

John 20:1-18

Jesus said if the crowds were silenced the rocks would testify.

Will the stone in front of the tomb speak life?

Let's gather on Easter Sunday to find out.

Deep Blessings,

Pastor Biel

Upcoming Events

UPCOMING EVENTS

Maundy Thursday Mother's Day Sunday April 17, 2025 May 11, 2025 6:00 PM Service 10:30 AM Service

Good Friday Marvin Gayatgay
April 18, 2025 Alumnus of the Philippine
6:00 PM Service Madrigal Singers
Friday, May 16, 2025
Easter Sunday 7: 30 PM Concert

April 20, 2025

10:30 AM Service Graduation Sunday

June 1, 2025 10:30 AM Service

Line Dancing
- Silent Auction

With Nancy Father's Day Sunday Friday, April 25, 2025 June 15, 2025 6 PM- 9 PM 10:30 AM Service

CENTRAL UNITED METHODIST CHURCH
8237 KENTON AVE. SKOKIE, ILLINOIS 60076
(847) 673-1311 | CENTRALCHURCH@SKOKIECENTRALUMC.ORG
WWW.SKOKIECENTRALUMC.ORG | PASTOR TIM BIEL JR. |



Easter Egg Hunt



There will be an Easter Egg Hunt after the church service on Sunday.

Please bring a few plastic Easter Eggs filled with a toy, candy, etc. Drop off in Fellowship Hall.

Bible Study



Join us for Bible Study from 9 am to 9:45 am - Sunday morning via Zoom.

If you would like to be on the Zoom list for the Bible Study Class, please email the church office by clicking on this link:

centralchurch@skokiecentralumc.org.com

Worship Service

Join us on April 20, 2025 - Easter Sunday - in the Sanctuary for our in-person service. We celebrate the Lord's communion every Sunday and we invite all to take part regardless of membership.

The Worship service will also be available on **Zoom at 10:30 am**.

Donate



We appreciate all the financial support that has been received to support the church and missions. You can now give your financial support to Central in many ways.

CASH and CHECKS– Cash and check donations can be placed in the offering box at our church

services. Checks can be mailed to the church.

VENMO – Using the VENMO app, pay by credit card. Enter Central Church's Venmo email: centralchurchgiving@gmail.com.

ONE TIME DONATIONS OR SET UP RECURRING DONATIONS BY CREDIT CARD OR BANK TRANSFER USING THESE OPTIONS:

ONLINE GIVING – go

to https://onrealm.org/skokiecentralumc/give/now;

or use the QR Code.

TEXT TO GIVE – Using our secure online giving platform, TEXT to 73256 and send the message GIVECHURCH. A response will appear with a link to our online giving web page.

Altar Flowers



The altar flowers this Sunday are provided by **Barb Smith** in loving memory of her grandson, Leam; and by **Rose and Ruby David** in memory of Ayush's 40th Birthday.

Easter Flowers



Thank you to everyone who donated towards the Easter flowers for the altar. They are beautiful.

Fellowship

Fellowship this Easter Sunday is **Potluck**. Please bring a dish to share.

The following allergies and dietary restrictions within our congregation are known of: **corn**, **dairy**, **gluten**, **meat and onions**.

Looking Ahead

Readers, Flowers & Fellowship, Oh My!

We are always looking for Volunteers. Please sign up, TODAY!

Easter April 20, 2025 Reader: Ruby David

Flowers: Barb Smith in memory of her grandson, Leam; and

Rose & Ruby David in memory of Ayush's 40th

Birthday.

Fellowship: POTLUCK

April 27, 2025

Reader: Jamie Arvizu Flowers: Ellen Nero

Fellowship: POTLUCK (yes, again!)

Healthy Babies Drive

From **April 1 to May 15**, Kids Above All's Healthy Babies Drive collects childcare supplies such as baby clothes, diapers, baby wipes and more, so that their parents, caregivers, babies and toddlers have the essentials they need for a happy and healthy start to their lives together.

Contact Catherine Inserra at cinserra@kidsaboveall.org for more information.

Spring Line Dancing



Spring Line Dancing -Silent Auction

Friday, April 25, 2025

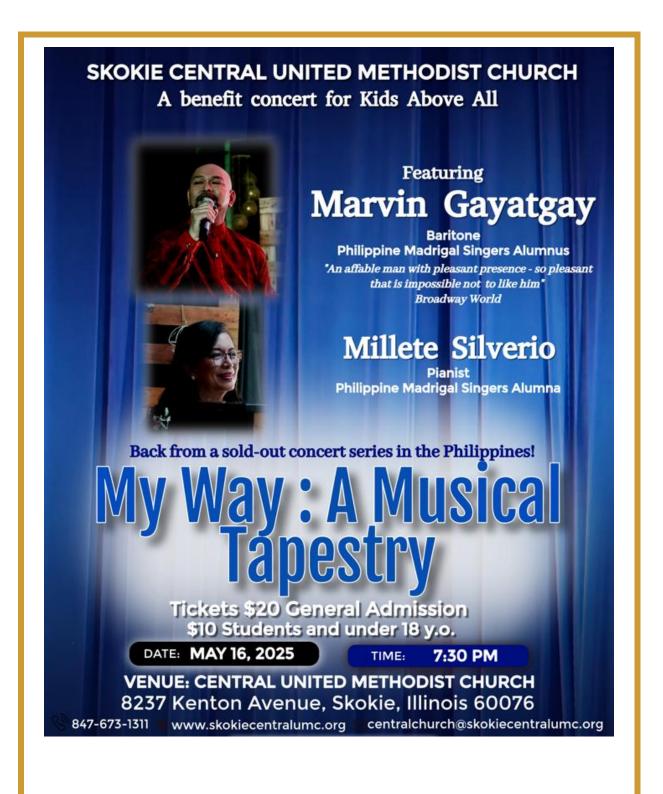
Led by Nancy Corbige - 847 212 0237

Central United Methodist Church 8237 Kenton Ave Skokie, IL - 60076

Fellowship Hall - 6 PM -9 PM

\$15.00 Per Person

Marvin Gayatgay Concert



Our church is hosting this fabulous concert by Marvin Gayatgay on Friday, May 16, 2025, at 7:30 pm.

Marvin will sing classic American songs and Filipino Songs.

Our church's own Millete Silverio will be the pianist for the night. They are both alums of the world-famous Philippine Madrigal Singers.

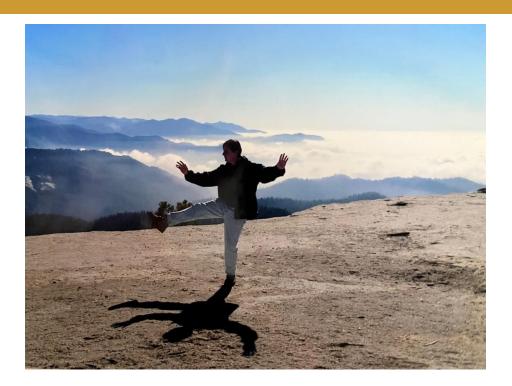
The Philippine Madrigal Singers were designated as Artists for Peace by UNESCO in 2009.

Surprise repeat and new guest performers will join Marvin on the stage. Mark Your Calendar!

Stay tuned for more exciting information.

It is a benefit concert for Kids Above All.

Evening Tai-Chi Class



Learn Tai Chi and Build Better Lives for Kids Monday evenings, 6:30 - 7:30 pm May 5 through June 9

This slow, meditative exercise is designed to improve energy, relaxation, balance and overall health.

A suggested donation of \$10 per class will help support Kids Above All, a Methodist affiliated, child-serving agency in Cook, Kane, Lake and DuPage counties currently helping 4,450 kids and families through early childhood programs, safe/supportive housing and trauma-informed therapy.

Classes are taught by Jas and Jo Faber, certified instructors by Hsu Fun-Yen Tai Chi Academy in 1994. They have donated their time teaching classes for three years at Central Church, and Jas is an instructor at Wing-Tsun Martial Arts in Glenview.

To register, please email the Central church office at: **centralchurch@skokiecentralumc.org**.

Morning Tai-Chi Class

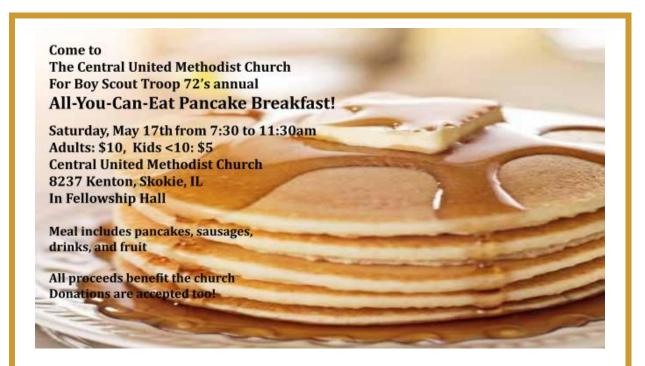


Weekly on Tuesday Log Cabin- 9 AM

Interested in learning Tai-Chi? Join our free class in the Log Cabin,
Tuesday mornings, 9:00 to 10:00
a.m. Classes are taught by certified instructors, Jas and Jo Faber. This slow, meditative exercise is designed to improve energy, relaxation, balance and overall health.

If you're interested, please email the church office at: centralchurch@skokiecentralumc.org

Pancake Breakfast



Tuesday Morning Meditation



Weekly on Tuesday Log Cabin & Online 10:30 AM

Join us as we gather to practice Lectio divina on the weekly lectionary readings.

Lectio divina is a contemplative practice with its Christian roots in the Benedictine tradition. It combines slow, conscious reading of a biblical or sacred text with contemplation and silent prayer. It is meant to promote communication with God and a deeper knowledge of Christ, in our lives today.

During Lectio Divina we put aside thoughts of studying the text. This is not the time to consider the historical or theological meanings of what we are reading. We read with a willingness to enter into text in a felt sense. The purpose of this practice is to hear, in silence, the

word of God, in this moment. What, through this reading, is God saying to me right now? What do I hear that helps me know what it means to walk the Christ path today?

Lectio Divina has traditionally been a communal practice; that is, one shared when in a group but it can be done when alone.

Mini Food Pantry

Thank you to everyone who brings food for our Mini Food Pantry. The Pantry needs filling every day. Please bring something on Sunday - even a couple of cans would be gratefully accepted. Please do not bring any containers - empty jars, etc.

Below is a list of suggested items - because the Mini Food Pantry is outside, it's important to only contribute non-perishable items, such as:

- <u>Canned goods</u> with ring-pulls
- Hygiene products: toothpaste/toothbrush, deodorant, soap, menstrual products, etc.
- Tuna and crackers
- · Spices; salt and pepper
- Cooking oil
- Sugar
- Tea and coffee
- Peanut Butter
- Kids' snacks
- Dish Soap
- Stove-top Stuffing
- Non-perishable foods
- Bottled water

Thank you for your support in helping others less fortunate. If you have questions or suggestions, please email the church office at centralchurch@skokiecentralumc.org



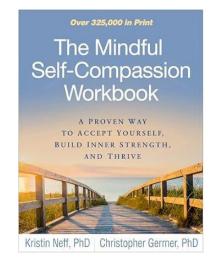
Mindful Self-Compassion Workbook

8 weeks Zoom Online Study

Wednesday - 7 PM - 8:30 PM

Starting March 12 - April 30

Are you kinder to others than you are to yourself? More than a thousand research studies show the benefits of being a supportive friend to yourself, especially in times of need.



This science-based workbook offers a stepby-step approach to breaking free of harsh

self-judgments and impossible standards in order to cultivate emotional well-being. In a convenient large-size format, the book is based on the authors' groundbreaking eight-week Mindful Self-Compassion (MSC) program, which has helped tens of thousands of people worldwide. It is packed with guided meditations (with audio downloads); informal practices to do anytime, anywhere; exercises; and vivid stories of people using the techniques to address relationship stress, weight and body image issues, health concerns, anxiety, and other common problems. The seeds of self-compassion already lie within you--learn how you can uncover this powerful inner resource and transform your life.

Resources:

Mindful Self-Compassion Workbook

Self-Compassion-Exercises

If you have questions or suggestions, please email the church office at

centralchurch@skokiecentralumc.org

Center for Action and Contemplation



Discover contemplative wisdom and practices that are easy to understand and apply to your everyday life.

Contemplation is the practice of being fully present—in heart, mind, and body—to what is in a way that deepens

awareness, encourages oneness, and strengthens compassion. A committed daily contemplative practice doesn't have to be long or complex—it simply needs to allow deep listening to open your heart to love.

Discover ways to embody the contemplative life with this collection of practices that help us align actions and values, re-engage with our True Self, and show up in service to the world.

Click here to learn more.

Spiritual Gifts



Every child of God is filled with **the power of the Holy Spirit**, specially
gifted to play a unique and valued role
in the body of Christ.

No one is without gift or purpose.

Spiritual gifts are not our talents or skills. They are the grace of God at

work within us, empowering us to match our deep passions with the world's deep need. The gifts are given to individuals, but they are given to build and strengthen community and to meet the needs of those around us.

Begin the journey. Discover your gifts. Talk about your gifts with others. Strive together to understand your gifts and how you can use

them to serve God, neighbor, and world. You have been gifted. You have been given a purpose.

<u>Click here</u> to take Spiritual Gift Assessment.

Click here to learn more.

Prayer of the Week

But our citizenship is in heaven. And we eagerly await a Savior from there, the Lord Jesus Christ, who, by the power that enables him to bring everything under his control, will transform our lowly bodies so that they will be like his glorious body.

Philippians 3:20-21, NIV

Central United Methodist Church

Send Us An Email

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